



BOTANICALS IN COSMETICS

REFERENCE CHART

USE:

BOTANICALS:

- **ACNE:** Red clover, Myrrh, Juniper Berries, Calendula, Nasturtium, Tomato, Burdock, Hops, Lavender, Arnica, Lemon, Golden Seal, Lady's Mantle, White Willow, Papaya, Asparagus, Blackberry.
- **AFTER SHAVE:** Aloe Vera, Chamomile, Calendula, Comfrey, Althea, Slippery Elm, Fenugreek, Cucumber, Oats, Milk Thistle, Bay Laurel.
- **ANTI-BACTERIAL:** Grapefruit, Echinacea, Lavender, Rosemary, Lemon, Benzoin, Balsam, Sage, Quassia, Bayberry, Sandalwood, Uva Ursi.
- **ANTI-DANDRUFF:** Quassia, Artichoke, Birch, Chamomile, Lemon Grass, Nettle, Witch Hazel, Orange Peel, Rosemary, White Willow, Soap Bark, Chaparral, Thyme.
- **ANTI-OXIDANTS:** Camellia, Ginkgo.
- **ANTI-SEPTIC:** Echinacea, Indigo, Lavender, Lemon Sage, Thyme, Southern Wood, White Lily, Grapefruit, Hops, Birch, Yarrow, Chamomile, Rosemary, Calendula, Onion, Garlic, Black Walnut, Eucalyptus, Myrrh, Cinnamon.
- **ASTRINGENTS:** Agrimony, Arnica, Oak Bark, Bistort, Bayberry, Witch Hazel, Myrrh, Plantain, Rhatany, Tormentil, Myrtle, Lemon, Raspberry, Rose, Rosemary, Sandalwood, Comfrey, Yarrow, Nettle, Horsechesnut, Corn Flower, Hawthorn.

- **BREATH SWEETENERS:** Angelica, Anise, Cardamon Seed, Rosemary, Thyme, Peppermint, Orris, Parsley.
- **CELLULITE:** Butchersbroom, Bladderwrack.
- **RED HAIR:** Beet, Chamomile, Red Henna, Hibiscus, Calendula.
- **BLONDE HAIR:** Golden Seal, Chamomile, Calendula, Southern Wood, Grapefruit, Butchersbroom, Mullein, Elderflowers, Lemon Peel.
- **BRUNETTE:** Sage, Chamomile, Rosemary, Black Walnut, Nettles, Southern Wood, Raspberry, Jaborandi, Black Henna.
- **DEODORANTS:** Rosemary, Cardamon, Coriander, Orange Peel, Citrus Bioflavonoids, Orris Root, Patchouli, Rose, Witch Hazel, Chaparral, Parsley, White Willow.
- **ECZEMA:** Cleavers, Comfrey, Fig, Burdock, Red Clover, Golden Seal, Nettle, Yellow Dock, Sarsaparilla, Pansy, Pine, Thyme, White Willow.
- **EMOLLIENTS:** Aloe Vera, Comfrey, Althea, Slippery Elm, Fenugreek, Blue Mallow, Oats, Flax, Orange Flowers, Quince Seed, Various Sea Weeds, Elderflower, Cucumber.
- **EYE:** Chamomile, Cucumber, Fennel, Eyebright, Corn flower.
- **GINGIVITIS:** Bayberry, Echinacea, Golden Seal, Myrrh, Oak Bark, Rhatany.
- **HEMORRHOIDS:** Bistort, Witch Hazel, Comfrey, Horsechestnut, Bayberry Bark, Butchersbroom.
- **DARK HAIR:** Chaparral, Henna, Jaborandi, Nettle, Rosemary, Sage, Southern Wood, Raspberry, Black Walnut.
- **DRY HAIR:** Chamomile, Red Clover, Quince Seed, Horsetail, Comfrey Root, Elderflower, Orange Blossom, Peach Leaves, Rosemary, Sage, Basil, Southern Wood,
- **HAIR, TO ADD SHEEN:** Chamomile, Yarrow, Thyme, Rosemary, Sage, Raspberry, Quassia, Lemon Peel, Flax Seed.
- **HAIR, SPLIT ENDS:** Horstail, Comfrey, Fenugreek, Quince, Rosemary, Echinacea, Lavender, Olive, Basil.
- **HAIR STIMULANTS:** Jaborandi, Quince, Capsicum, Birch, White Willow, Arnica, Horseradish, Alfalfa, Anise.

- **HEALING:** Aloe, Comfrey, Horsetail, Yarrow, Pansy, Rose Buds,
- **INSECT REPELLANT:** Pennyroyal, Lavender, Citronella, Chamomile, Neem, Eucalyptus, Cedar, Thyme, Pansy, Garlic, Onion, Capsicum.
- **ITCHING:** Chamomile, Chickweed, Calendula, Golden Seal, Cucumber, Echinacea, Plantain.
- **NAILS, TO STRENGTHEN:** Horsetail, Calendula, Aloe, Comfrey.
- **RUBEFACIENTS:** Capsicum, Cinchona, Pine, Birch, Jaborandi, White Willow.
- **SHINGLES:** Mistletoe, Passion Flowers, St. John's Wort, Valerian.
- **DRY SKIN:** Aloe Vera, Comfrey, Apple, Chamomile, Red Clover, Dandelion, Elder Flowers, Fennel, Quince, Marsh Mallow Root, Slippery Elm Bark, Sea Weeds, Licorice Root, Oats, Orange Blossom, Orange Peel, Citrus Bioflavonoids, Pansy, Peach, Evening Primrose, Yarrow, Parsley, Violet, Cleavers, Capsicum, Arnica, Ginseng.
- **OILY SKIN:** Caraway Seed, Cucumber, Dandelion, Dulse, Fennel, Lavender, Lemon, Grapefruit, Lemon Grass, Rose, Witch Hazel.
- **SPOTS:** Cleavers, Echinacea, Fig, Garlic, Thuja.
- **SOOTHING:** Marsh Mallow, Echinacea, Corn Flower, Apple, Colts Foot Comfrey, Calendula, Slippery Elm, Chamomile, St. John's Wort, Cucumber, Red Poppy, Sage, Licorice, Hawthorn, White Lily Pond.
- **STYPTICS:** Bayberry, Bistort.
- **SUNBURN:** Aloe Vera, Calendula, Lemon, Capsicum, Nettle, Slippery Elm Bark, Comfrey, Sea Weeds, Witch Hazel.
- **VARICOSE:** Golden Seal, Capsicum, Mullein, Horsechestnut, Comfrey, Calendula, Marsh Mallow Root, Hawthorn, St. John's Wort, Witch Hazel, Bayberry, Bistort.
- **WOUNDS:** Milk Thistle, Chamomile, Plantain, Comfrey, Chickweed, Golden Seal, St. John's Wort, Arnica, Calendula, Aloe Vera, Yarrow.